



HEARTY BOYS 

corporate



bakery baskets

"Never work before breakfast. If you have to work before breakfast...eat breakfast first"



Bakery Basket

an assortment of pear streusel coffee cake, cinnamon buns, muffins and scones; all baked from scratch in our kitchen

<i>small</i>	\$45	15 pieces
<i>medium</i>	\$65	24 pieces
<i>large</i>	\$85	35 pieces

Mini Bakery Basket

an assortment of mini pear streusel coffee cake, cinnamon buns, muffins and scones; all baked from scratch in our kitchen

<i>small</i>	\$25	24 pieces
<i>medium</i>	\$37	48 pieces
<i>large</i>	\$48	65 pieces

Bagel Basket

an assortment of daily baked bagels with cream cheese, butter and preserves

<i>small</i>	\$35	12 pieces
<i>medium</i>	\$50	20 pieces
<i>large</i>	\$65	25 pieces

You need some fresh fruit with that!

seasonal fruit may include melon, pineapple, oranges, grapes, apples, berries

Fresh Sliced Fruit Tray

<i>small</i>	\$35	serves 8 – 10
<i>medium</i>	\$50	serves 11 – 15
<i>large</i>	\$65	serves 16 – 20

Fresh Chopped Fruit Bowl

<i>small</i>	\$30	serves 8 – 10
<i>medium</i>	\$45	serves 11 – 15
<i>large</i>	\$60	serves 16 – 20

early mornings

"Never work before breakfast. If you have to work before breakfast...eat breakfast first"



American Breakfast

scrambled eggs, applewood smoked bacon or pork sausage links, breakfast potatoes, buttermilk biscuits, butter and preserves
\$6.95/guest

Belgian Waffles or Brioche French Toast

served with maple syrup, preserves and whipped butter
\$3.25/guest
add bacon or sausage for an extra \$2.50

Breakfast Sandwiches

bacon, egg and cheddar croissant
sausage, egg and cheddar croissant
herbed egg, sliced tomato and cheddar croissant
egg, chorizo and chihuahua cheese burrito
egg, grilled pepper and chihuahua cheese burrito
\$4.50/each *individually wrapped*

Deep Dish Quiche

classic lorraine with bacon and swiss
spinach, onion and feta
cheddar and broccoli
mushroom and swiss
\$24/per quiche serves 8

'Overnight Oatmeal' Power Breakfast

our steel cut oats are soaked overnight in soy milk and served alongside our cinnamon raisin bagel crisps

dried cherry almond (gf/df)
apple cinnamon and pecan (gf/df)
strawberry banana (gf/contains greek yogurt)
\$4.95/each

'Protein on the Go' Power Breakfast

a deliciously cold and creamy 12 oz protein-packed shake served alongside our homemade unique and chewy maple quinoa and chia seed protein bars

berry yogurt and flax seed
peanut butter and strawberry
orange and greek yogurt
\$5.95/each

sandwiches & deli

"You can't make a half sandwich. If it's not half of a whole sandwich, it's just a small sandwich"



Lunch Boxes

each individual lunch box comes with a sandwich,
 miss vicki's chips, fresh fruit and freshly baked cookie.
 \$9.25/each

Sandwich Basket

comes with miss vicki's chips, mixed greens or caesar salad

<i>small</i>	\$72	16 half sandwiches (choice of 3 types)
<i>medium</i>	\$120	24 half sandwiches (choice of 3 types)
<i>large</i>	\$140	32 half sandwiches (choice of 5 types)
<i>x large</i>	\$170	40 half sandwiches (choice of 5 types)

Sandwich Tray

build your own with a selection of 3 meats and 2 cheeses,
 condiments and daily baked breads
 comes with miss vicki's chips, mixed greens or caesar salad

<i>small</i>	\$90	serves 10
<i>medium</i>	\$135	serves 15
<i>large</i>	\$180	serves 20

Classic Sandwich
 served with lettuce & tomato

Signature Sandwich
 please add .75/each

Roast Turkey & Havarti
 mayo on sourdough

Roast Beef & White Cheddar
 garlic aioli, caramelized onion,
 tomato on pretzel roll

Ham & Swiss
 dijon mayo on marble rye

Chicken Banh Mi Baguette
 mayo, cucumber, cilantro, pickled
 daikon & carrot, jalapeno

Classic Chicken Salad
 on sourdough

Italian on Ciabatta
 salami, pepperoni, grilled peppers &
 onion, olive salad, caesar dressing

Classic Tuna Salad
 onion & celery on marble rye

Pesto Chicken Baguette
 fresh mozzarella, roasted red pepper,
 arugula, aioli

Veggie Hoagie
 havarti, cucumber, shredded
 carrot, mayo on french roll

Caprese Baguette
 fresh mozzarella, tomato, olives,
 shaved red onion, basil leaves,
 olive oil and balsamic

salads & boxes

"Some days you eat salads & go to the gym, some days you eat cupcakes & refuse to put on pants. It's called balance."



Salad Boxes

each individual salad comes in a clear hinged compartmented box with a truffle brownie and fresh fruit

\$9.95 each

Grilled Chicken Caesar

herb marinated grilled chicken breast with our kicky caesar dressing, house croutons, charred grape tomatoes and parmesan

Chopped Cobb

romaine, baby spinach, applewood smoked bacon, tomato, hard boiled egg, blue cheese, house croutons, seasonal roasted fruit vinaigrette

Southern Chicken Salad

bbq grilled chicken breast, mustard greens, pickled watermelon rind, fresh watermelon, charred grape tomatoes, house croutons, bbq vinaigrette

Classic Side Salads

\$2.95/guest

Classic Caesar

our kicky caesar dressing, house croutons, charred grape tomatoes and parmesan

Mixed Greens

field greens, tomatoes, carrots, cucumbers, house croutons, sweet chili vinaigrette

Penne Pasta (gf)

fresh lemon, basil, roma tomatoes

Fresh Fruit Salad

changes seasonally by market

Signature Side Salads

\$3.50/guest

Powerhouse Kale Salad (gf)

kale, spiced pumpkin seeds, blue cheese, seedless grapes, shaved radish, honey clove vinaigrette

Quinoa & Greens (gf/v)

quinoa, mustard greens, charred grape tomatoes, pickled red onion, bbq vinaigrette

Corn & Jicama Salad (gf/v)

corn, black beans, crunchy jicama, bell pepper, red onion, cumin lime vinaigrette

Greek Orzo Salad

crumbled feta, tomato, cucumber, basil lemon vinaigrette

build-a-bar & bowls

"Only the pure in heart can make good soup."



Build Your Own

Taco Bar

\$12/guest

ancho chili ground beef and chipotle ground turkey served with soft flour & corn tortillas, chihuahua cheese, sour cream, diced tomato, diced onion, pickled jalapeno, salsa roja and salsa verde served with cumin black bean salad and mexican rice

Fajita Bar

\$12/guest

choice of spice rubbed chicken or beef, sautéed bell peppers and onions, soft flour & corn tortillas, chihuahua cheese, sour cream, diced tomato, diced onion, pickled jalapeno, salsa roja and salsa verde served with cumin black bean salad and mexican rice

Baked Potato Bar (gf)

\$10/guest

salt rubbed baked spuds served with butter, sour cream, shredded cheddar, classic chili, ratatouille and bacon bits comes with your choice of 1 specialty side salad and freshly baked bread and butter.

Soups

served with daily baked sourdough baguettes

\$40 serves 10 twelve oz servings

italian minestrone (gf)

spicy black bean (gf/v)

carrot cumin (gf)

chicken posole (gf/v)

broccoli cheddar

Chilis

served with sour cream, shredded cheddar and daily baked baguettes

\$65 serves 10 twelve oz servings

Classic Chili

ground beef, kidney beans, onion, jalapeno

Turkey Black Bean

ground turkey, black beans, bell pepper, onion

Vegetarian (gf/v)

kidney beans, black beans, jalapenos, tomato, zucchini, onion

hot entrees

"I just ordered a chicken and an egg off the internet, to see which one comes first..."



Chicken Meals

choice of 1 hot side and 1 side salad, daily baked rolls and butter
\$12.50/guest

Chicken Parmigiana

breaded chicken breast, house marinara, fresh mozzarella, parmesan

Chicken Caprese

chicken breast stuffed with fresh mozzarella, roma tomato and basil served in pesto cream sauce

Balsamic Mushroom Chicken (gf)

a favorite from our Food Network series – chicken breast braised with mushrooms, tomato and balsamic

Cornflake Fried Chicken

voted top 8 fried chicken in chicago! served with sage country gravy

Beef Meals

choice of 1 hot side and 1 side salad, daily baked rolls and butter
\$14.95/guest

Sliced Sirloin (gf)

garlic and herb grilled sirloin with mushroom bordelaise sauce

Texas Roadhouse Sirloin Tips

sirloin, bell pepper, onion, bacon beef gravy

Beef Stroganoff

tender cubed beef, mushrooms, onion, sour cream sauce;
as this dish is served over egg noodles please choose 1 salad only

Fish Meals

choice of 1 hot side and 1 side salad, daily baked rolls and butter
\$12.95/guest

Pesto Salmon (gf)

seared salmon topped with basil pesto and charred grape tomatoes

Tilapia Milanese

tilapia dredged in seasoned flour and served with lemon caper butter

Fish Tacos (gf)

grilled flaked white fish, corn tortillas, tomato, onion, salsa verde served individually wrapped

hot entrees & sides

"It is more fun to talk with someone who doesn't use long, difficult words but rather short, easy words like 'What about lunch?'"



Vegetarian Meals

choice of 1 hot side and 1 side salad, daily baked rolls and butter
\$12.50/guest

Stuffed Bell Peppers
wild rice, house marinara

Toasted Farro
butter-braised leeks, radishes, mushrooms, wilted greens

Pasta and Lasagna

served with daily baked rolls and butter
\$12/guest

Baked Ziti
house marinara, fresh mozzarella and ricotta, shredded parmesan

Chicken Al Fredo
ziti tossed with grilled chicken, sautéed zucchini and garlic parmesan cream

Vegetable Polenta Lasagna
gluten free polenta, sautéed spinach and portobellos, seasoned ricotta, house marinara, parmesan
half pan \$50 serves 9
full pan \$80 serves 18

Hot Sides

\$2.95/guest *ala carte*

Buttermilk Mashed Redskins (gf)

Garlic Roasted Potato Wedges (gf)

Wild Rice Pilaf (gf)

Steamed Market Vegetables (gf/v)
with olive oil drizzle

Ziti with Marinara
and grated parmesan

Pasta Primavera
basil pesto, market veg, parm

Side Salads

\$2.95/guest *ala carte*

Classic Caesar
our kicky caesar dressing, croutons, charred tomatoes, parmesan

Mixed Green Salad
field greens, tomatoes, carrots, cucumbers, house croutons, sweet chili vinaigrette

Grilled Vegetable Salad
chopped grilled carrots, eggplant, zucchini, onion, balsamic vinaigrette

Fresh Fruit Salad
changes seasonally by market

sweets & drinks

"You can't buy happiness...but you can buy cupcakes and that's kind of the same thing"



Hearty Boys Signature Brownies

may include our popular truffle, caramel pecan, cheesecake, s'mores
\$24/ dozen

Homebaked Bars

may include lemon, raspberry linzer, apricot, coconut, carrot cake
\$21/ dozen

Trayed Assortment of Bite Sized Brownies and Bars

selection changes based solely on chef's whim
\$12/ dozen

Assorted Homestyle Cookies

may include chocolate chunk, oatmeal raisin, sugar, white macadamia
\$19/ dozen

Cupcakes

may include devil's food, carrot cake, red velvet, mocha, vanilla bean
\$22/ dozen (mini)
\$30/ dozen (full sized)

Hot Beverages

\$20/ serves 10

Coffee Box

regular or decaf
creamers, sweeteners, stirrers
and disposable cups

Tea Box

assorted selection
creamers, lemons, sweeteners,
stirrers and disposable cups

Cold Beverages

Freshly Squeezed Orange Juice or

Lemonade

\$21/ gallon

Assorted Tropicana Juices

apple, cranberry, orange

\$1.50/ each (10 ounce)

Bottled Iced Tea

\$2/ each

Coke, Diet Coke, Sprite,

Bottled Water

\$1.50/ each

lunch lady's rules

"Always be nice to the lunch lady."



Placing Your Order

In order to fill your order properly we ask that all orders be placed by 3pm for next day delivery. We will do our best to accommodate orders placed after 3pm but reserve the right to make substitutions and/or charge an additional fee.

To place an order please contact Andy at 773.244.9866 ext 212 or email Corporate@Heartboys.com

Minimums

There is a 50.00 minimum on all orders.

Deliveries

Monday - Saturday until 3:30PM – 12% of order (caps at 35.00)

Monday - Saturday after 3:30PM - 55.00

Sunday - 75.00

Payment

The Hearty Boys accept Visa, MasterCard, Amex, Discover, corporate checks and cash. Credit card information can be taken over the phone. House accounts available for recurring clients.

Cancellations

24 hour cancellation is required to avoid a 50% charge. Same day cancellation requires full payment. In these cases we are more than willing to deliver your order packed in disposables.

Add-ons & rentals

Disposable chafers with sterno	9.00 each
Stainless steel chafers with sterno	15.00 rental
Tent cards & glass blocks set-up	10.00 per buffet
Buffet greenery	20.00 per buffet
Equipment pick-up	15.00
Servers (5 hour minimum)	26.00 - 35.00 hourly

Hearty Boys is proud to do our part for a greener planet. We use recycled and bio-degradable serving pieces.

